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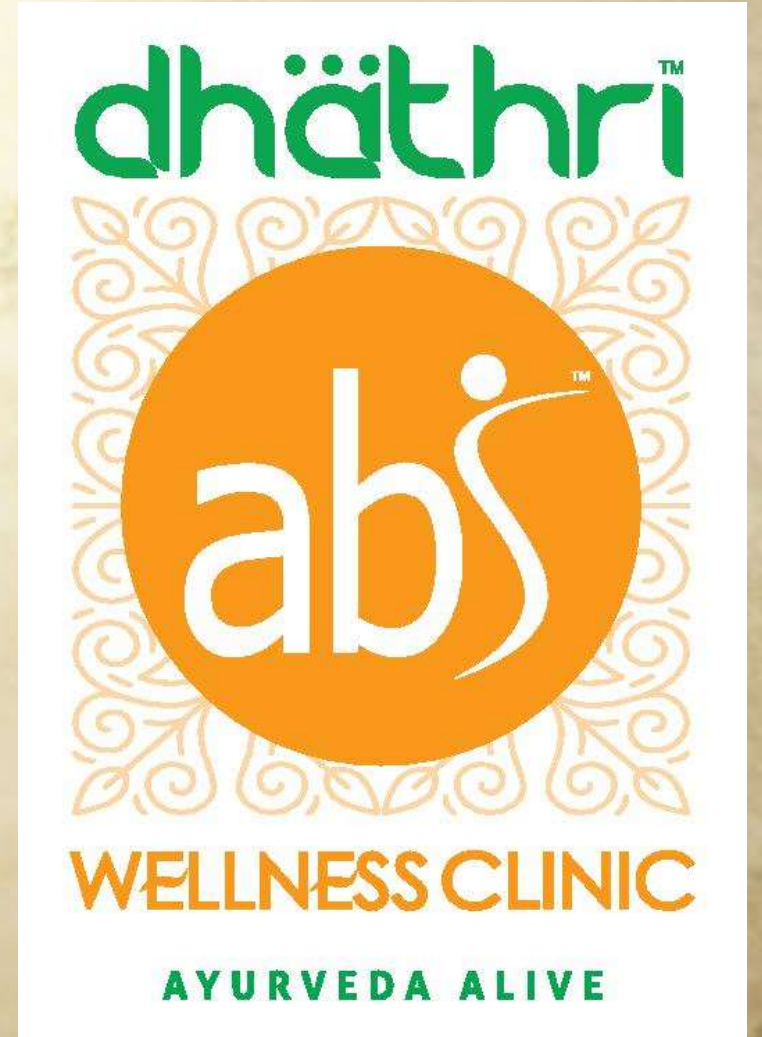
WELLNESS CLINIC

AYURVEDA ALIVE

SKIN  
CARE



1. Real 'U' Pre-bridal Beauty Make over
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# Real 'U' Pre-Bridal Beauty Make Over



## Designed to help in

- ❖ Instant tan removal
- ❖ Induce skin glow
- ❖ Hair nourishment
- ❖ Improve skin complexion
- ❖ Skin Rejuvenation

## Treatments

- ❖ Instant glow facial (Tan, Whitening, Acne) – 3 Sessions
- ❖ Body Polish – 1 Session
- ❖ Protein Bleach – Full Body – 1 Session
- ❖ Aroma Pedicure – 1 Session
- ❖ Aroma Manicure – 1 Session
- ❖ Threading
- ❖ Hair Spa – 1 Session
- ❖ Hair Trimming
- ❖ Waxing – Full body

**A complete packages of treatments and services to ensure the bride is smooth, bronzed and gorgeous on the wedding day.**



# Real 'U' Complete Pre-Bridal Make Over (Beauty Make Over & Instant Weight Loss)

## Designed to help in

- ❖ Instant tan removal
- ❖ Enhances skin glow
- ❖ Improves the radiance of healthy and beautiful skin
- ❖ Improves skin texture and complexion
- ❖ Hair nourishment
- ❖ Skin Rejuvenation
- ❖ Healthy Weight Loss – 5 Kg
- ❖ Inch Loss – 4 Cm
- ❖ Instant figure correction
- ❖ Body Firming
- ❖ Detoxification
- ❖ Soothe body and mind

## Treatments

- ❖ Weight Loss – 20 Sessions
- ❖ Inch loss (GT/VT) – 3 sessions
- ❖ Herbal Pack – 3 Sessions
- ❖ Udhwarthanam + Steam Bath – 2 Sessions
- ❖ Instant glow facial (Tan, whitening, Acne)– 3 Sessions
- ❖ Body Polish – 1 Session
- ❖ Bleach – Full Body – 1 Session
- ❖ Aroma Pedicure and Manicure
- ❖ Threading
- ❖ Hair Spa – 1 Sessions
- ❖ Hair Trimming
- ❖ Waxing – Full body
- ❖ Cosmetology Counseling



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# Real 'U' Bridal Make Over

## Benefits

- ❖ Complete make over
- ❖ Make over for bridesmaids/flower girls
- ❖ Long lasting and water proof make over
- ❖ Healthy and radiant look
- ❖ Dull eyes to dramatic eyes
- ❖ Boost confidence
- ❖ Dietary counseling
- ❖ De-stress counseling

## Treatments

- ❖ Bridal Make over – (Face make up, Hair do, Saree draping) – Twice
- ❖ Make up – Brides Maid/Flower girls (if required)
- ❖ Mehndi (Optional)
- ❖ De-stress counseling
- ❖ Dietary practices



# Real 'U' Anti-Tan Package

## Designed to help in

- ❖ Prolonging fresh and young look
- ❖ Skin polishing & glow
- ❖ Enhances radiance and complexion
- ❖ Heals dry skin in a natural way
- ❖ Improving skin complexion
- ❖ Skin Rejuvenation
- ❖ Skin exfoliation
- ❖ Improving blood circulation
- ❖ Lighten tan and darkness

## Treatments

- ❖ Tan removal facial – 5 sessions
- ❖ Ayur Glow Pack (fortified with eladi njavara lepam) – 2 Sessions
- ❖ Mukhalepam (with herbs & fruits) – 2 Sessions



# Real 'U' Acne Clear Package

## Designed to help in

- ❖ From Acne prone to acne clear skin
- ❖ Helps to refine skin tone and texture
- ❖ Reduces sebum secretion
- ❖ Provides natural exfoliation
- ❖ Purifies skin
- ❖ Improves skin complexion
- ❖ Prevents spread of acne causing bacteria
- ❖ Helps to reduce existing blemishes

## Treatments

- ❖ Acne clear facials – 4 Sessions
- ❖ Triphala Kshalanam – 4 Sessions
- ❖ Salicylic Peels (Winter green peels) – 4 Sessions
- ❖ Thakradhara/Triphala – 5 Sessions (in case of PCOD, dandruff & will be charged separately)
- ❖ Tricho session – 6 Sessions (in case of dandruff & will be charged separately)
- ❖ Prakriti Analysis
- ❖ Dietary Modifications



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# Real 'U' De-Pigmentation Package

## Designed to help in

- ❖ Reduces pigmentation
- ❖ Lightens blemishes, dark spots and melisma discoloration
- ❖ Enhances skin complexion
- ❖ Helps in hydrating skin cells and lightening pigmented skin
- ❖ Helps to maintain healthy skin
- ❖ Makes even skin tone

## Treatments

- ❖ De-Pigmentation facial – 3 Sessions
- ❖ Ayur Peel – 3 Sessions
- ❖ Casmara Facial – 1 Session
- ❖ Ayur Glow Massage Pack (fortified with eladi-njavara lepam) – 2 Sessions





# Real 'U' Body Polishing Package

## Designed to help in

- ❖ Dull to Glow skin
- ❖ Exfoliate dead skin cells from head to toe
- ❖ Hydrates the skin
- ❖ Improves Skin complexion
- ❖ Makes skin softer, smoother and more supple
- ❖ Removes tan
- ❖ Relaxes mind
- ❖ Helps in blood flow and re-energizes the body
- ❖ Improves blood circulation

## Treatments

- ❖ Body Cleansing – 3 Sessions
- ❖ Body exfoliation - 3 Sessions
- ❖ Body Massage - 3 Sessions
- ❖ Steam Bath – 3 Sessions
- ❖ Body Pack - 3 Sessions
- ❖ Ayur Glow Massage (fortified with eladi-njavara ) – 2 Sessions



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# Real 'U' Anti-Ageing Package

## Designed to help in

- ❖ Controls Skin sagging
- ❖ Slows down ageing process
- ❖ Brightens skin
- ❖ Reduces under eye bag
- ❖ Reduces dark circles
- ❖ Reduces fine wrinkles and appearance of age spots
- ❖ Stimulates fibroblasts and increases skin elasticity
- ❖ Moisturizes dehydrated skin
- ❖ Improves texture and tone of skin

## Treatments

- ❖ Hydra Facial – 2 Sessions
- ❖ Anti ageing facial – 3 Sessions
- ❖ Face Firming – 2 Sessions
- ❖ Ayur Face glow (fortified with eladi-njavara pack) – 2 Sessions
- ❖ Rejuvenation Pack (with sariba) – 2 Sessions
- ❖ Prakriti Analysis
- ❖ Diet Counseling



# Real 'U' Skin Whitening Package

## Designed to help in

- ❖ Improves skin tone
- ❖ Restores lost fairness
- ❖ Minimizes the effects of sun damage
- ❖ Lightens skin and makes it smooth and glowing
- ❖ Detoxification of skin
- ❖ Lightens pigmentation spots

## Treatments

- ❖ De-pigmentation facial – 1 Sessions
- ❖ Skin Whitening facial – 2 Session
- ❖ Peels (Face & Neck) – 1 Sessions
- ❖ Ayur Face Glow (fortified with eladi-njavara lepam) – 1 Sessions



# Real 'U' Premium Skin Whitening Package

## Designed to help in

- ❖ Improves skin tone
- ❖ Restores lost fairness
- ❖ Minimizes the effects of sun damage
- ❖ Lightens skin and makes it smooth and glowing
- ❖ Detoxification of skin
- ❖ Lightens pigmentation spots

## Treatments

- ❖ De-pigmentation facial – 2 Sessions
- ❖ Skin Whitening facial – 3 Session
- ❖ Peels (Face & Neck) – 3 Sessions
- ❖ Ayur Face Glow (fortified with eladinjavara lepam) – 2 Sessions



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# Real 'U' Face Firming

## Designed to help in

- ❖ Improves skin tone
- ❖ Restores lost fairness
- ❖ Minimizes the effects of sun damage
- ❖ Lightens skin and makes it smooth and glowing
- ❖ Detoxification of skin
- ❖ Lightens pigmentation spots

## Treatments

- ❖ De-pigmentation facial – 2 Sessions
- ❖ Skin Whitening facial – 3 Session
- ❖ Peels (Face & Neck) – 3 Sessions
- ❖ Ayur Face Glow (fortified with eladi-njavara lepam) – 2 Sessions



# Real 'U' Bust Firming Package

## Designed to help in

- ❖ Helps to uplift sagging bust
- ❖ Helps to strengthen and firm ligaments
- ❖ Helps to improve skin tone and texture
- ❖ Helps to improve the elasticity of bust skin

## Treatments

- ❖ Bust firm Cream Massage – 5 Sessions
- ❖ Bust Firming Gel Massage – 5 Sessions
- ❖ Tightening Pack– 5 Sessions



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# Real 'U' Under Eye Correction Package



## Designed to help in

- ❖ Reduces dark circles
- ❖ Helps to boost thinning skin and smooth our fine lines
- ❖ Makes eyes look brighter and younger
- ❖ Protects skin around the eyes from free radical damages

## Treatments

- ❖ Under eye cleansing – 5 Sessions
- ❖ Under eye Gel Massage/Peel – 5 Sessions
- ❖ Under eye Pack/Peel – 5 Sessions

Thank You!

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